

Conversation

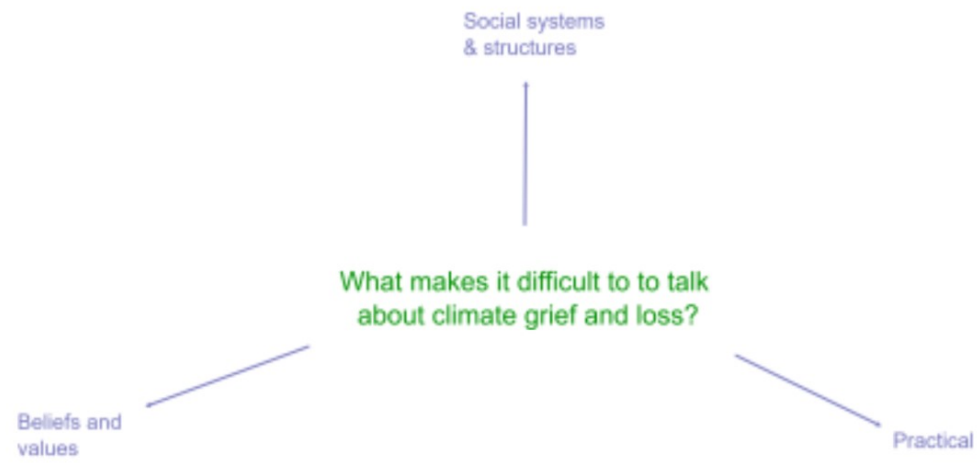
How can we make it more acceptable to talk about climate grief?

Background

- At our last conversation we talked about how it is difficult to talk to other people about our grief.
- Some people found grief and sadness made it harder to want to have conversations.

Why is it difficult to talk about loss, sadness and grief around the environment and climate change?

- It's a taboo subject. There's a socially constructed silence.
- People don't want to face it or don't know how.
- We don't have a script or model for these conversations. We don't have ceremonies or rites to help us.
- In our society we're not good at talking about grief or loss generally.
- Climate grief can be ambiguous, intangible and disenfranchised. It makes it harder for people to react sensitively.



What can we do to make it more acceptable to talk
about climate grief, sorrow and loss?